WHAT IS CLAIMED IS:

- A system comprising:

 a curvilinear guide for coupling about an eye; and
 a thruster for selectively positioning along the curvilinear guide; and
 wherein the thruster is adjustably deployable.
- 2. The system of claim 1 wherein the guide is adapted to couple with a bony orbit.
- 3. The system of claim 1 wherein the guide includes at least one of any combination of a tubular member, a grooved channel and a polymer track.
- 4. The system of claim 1 wherein the thruster includes at least one of any combination of a balloon, a balloon having an orifice for receiving a fluid, a pivoting link and a cam.
- 5. The system of claim 1 further comprising a sleeve for encircling at least one of any combination of a portion of the thruster and a portion of the curvilinear guide.
- 6. The system of claim 1 further including an insertion means to receive the guide and position the guide about the eye.
- 7. The system of claim 6 wherein the insertion means includes an introducer.
- 8. The system of claim 1 further comprising an illumination source coupled to the guide.
- 9. The system of claim 8 wherein the illumination source includes at least one of any combination of a light pipe and a fiber optic filament.

- 10. The system of claim 8 wherein the illumination source includes a side emitting filament.
- 11. The system of claim 8 further including an illumination source positioning means coupled to the illumination source.
- 12. The system of claim 8 wherein the thruster includes a balloon and further wherein the illumination source is disposed within the balloon.
- 13. The system of claim 1 wherein the guide includes a side emitting optical element.
- 14. An ophthalmic apparatus comprising:
 - a first tubular leg; and
 - a second tubular leg held in alignment with the first tubular leg; and
- wherein the first tubular leg and the second tubular leg are adapted to couple with a track and facilitate insertion of the track in a bony orbit of an eye.
- 15. The apparatus of claim 14 wherein the first tubular leg and the second tubular leg are fabricated of stainless steel.
- 16. The apparatus of claim 14 wherein the first tubular leg and the second tubular leg are in crossed alignment.
- 17. The apparatus of claim 14 wherein the first tubular leg and the second tubular leg are held in rigid alignment.
- 18. The apparatus of claim 14 wherein the track includes a flexible tube and wherein a first lumen of the first tubular leg and a second lumen of the second tubular leg are adapted to receive the track.
- 19. The apparatus of claim 14 wherein the track includes a light source.

- 20. The apparatus of claim 14 wherein the track includes a thruster means.
- 21. The apparatus of claim 20 wherein the track includes positioning means coupled to the thruster means.
- 22. A system comprising:
 - a track adapted for placement about the bony orbit of an eye;
- an introducer having a pair of legs adapted to receive the track and facilitate placement of the track; and
 - a light coupled to the track and adapted to illuminate a portion of the eye.
- 23. The system of claim 22 further including a light positioning means coupled to the light and wherein a position of the light is remotely selectable.
- 24. The system of claim 22 wherein the light includes at least one of any combination of an illumination source, a fiber optic element and a light pipe.
- 25. The system of claim 22 further including a thruster means coupled to the track and adapted to exert a force on the eye relative to the track and wherein the thruster means is selectively deployable.
- 26. The system of claim 25 further including a thruster positioning means coupled to the thruster means and wherein a position of the thruster means is remotely selectable.
- 27. A system comprising:
 - a guide tube having an aperture in a side;
- a balloon disposed within a lumen of the guide tube and adapted to be selectively inflated such that the balloon distends through the aperture; and
 - a sheath having a lumen adapted to receive the guide tube and the balloon; and wherein the guide tube is adapted to be received by a bony orbit of an eye.

- 28. The system of claim 27 further including an introducer adapted for insertion of the guide tube into the bony orbit.
- 29. The system of claim 28 further comprising a pair of speculum blades coupled to the introducer.
- 30. The system of claim 27 further including a light element adapted for placement within the guide tube.
- 31. The system of claim 27 further including positioning means coupled to the balloon wherein a position of the balloon within the guide tube is remotely selectable.
- 32. The system of claim 27 wherein the guide tube includes a polymeric tube.
- 33. The system of claim 27 wherein the sheath includes a sleeve.

34. A method comprising:

positioning a guide member around at least a portion of an eye, the guide member providing access to at least a first region of the eye, the first region disposed radially about the eye;

positioning a first thruster independent of the positioning of the guide member, the first thruster positioned proximate to the first region; and

actuating the first thruster to exert a first force on the eye at the first region, the first force relative to the guide member.

35. The method of claim 34 further comprising:

positioning a second thruster relative to the guide member at a second region disposed radially about the eye; and

actuating the second thruster to exert a second force on the eye at the second region, the second force relative to the guide member.

- 36. The method of claim 35 wherein positioning the second thruster is independent of positioning of the first thruster.
- 37. The method of claim 35 wherein actuating the second thruster is independent of actuating the first thruster.
- 38. The method of claim 34 wherein positioning the guide member includes at least one of any combination of encircling at least a portion of the eye and positioning within a bony orbit of the eye.
- 39. The method of claim 34 wherein positioning the first thruster includes at least one of any combination of exerting a linear force about the eye and receiving a signal from a remote controller.
- 40. The method of claim 34 wherein actuating the first thruster includes at least one of any combination of receiving a signal from a remote controller, exerting a linear force about the eye, introducing a fluid to an envelope, pumping a fluid into a balloon, articulating a link arm, transforming a shape memory material, exerting a spring force and selecting a radial extension dimension.